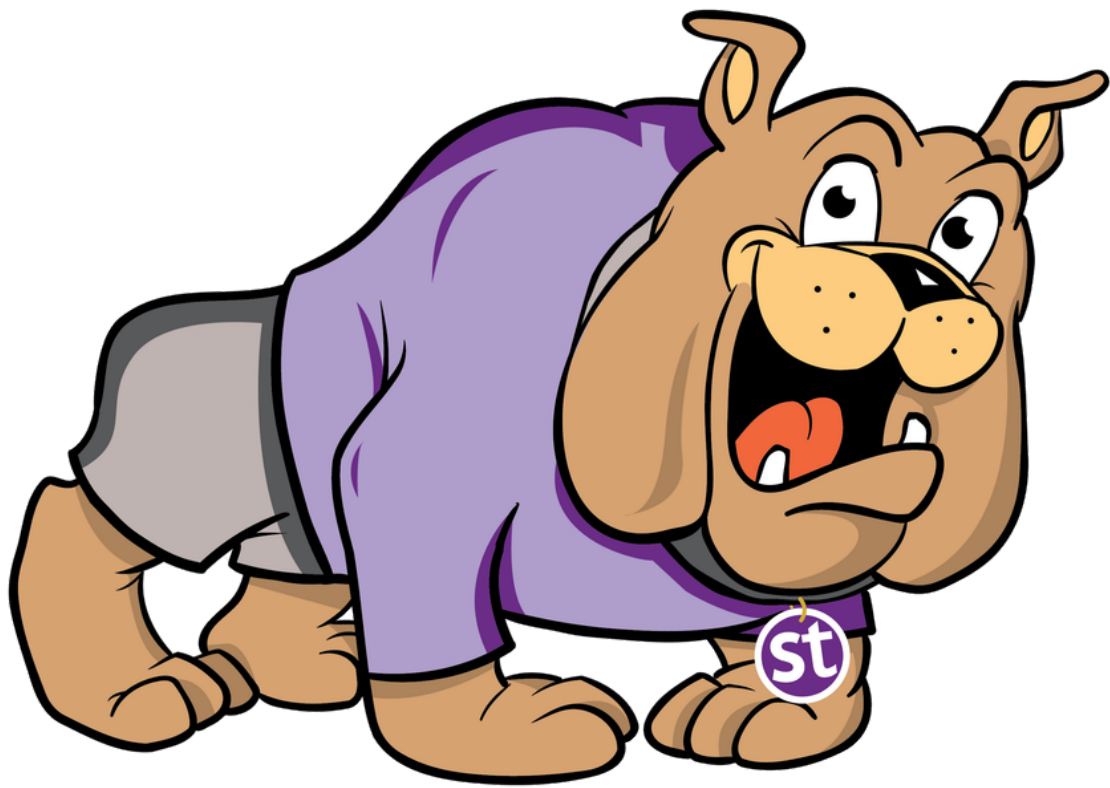




BULLDOG 360

FALL 2026

MONDAY CLASSES

BEGINNER GUITAR

Teacher: Ms. Tessa
Kinder - 2nd grade

- Mondays 7:15-8:00 am (45 min) (8/24-11/30) 12 classes-no class on 9/7 & 10/12
- \$375/student

Guitar lessons are a wonderful way for children to develop a strong musical foundation. Instruction will focus on proper technique, general musicianship, chord fluency, strumming patterns, and exploration of diverse styles. After an initial assessment, lessons will be customized to meet the needs of each child.

CLASSIC SOCCER SHOTS

Teacher: Soccer Shots
Primary

- Mondays 3:00-3:35 (35 min) (8/24-11/30) 12 classes-no class on 9/7 & 10/12
- \$300/student

Using creative, imaginative games, Soccer Shots sessions focus on basic soccer skills, including dribbling, passing, and shooting. We also highlight a positive character trait each session, such as respect, teamwork, and appreciation, to help build a well-rounded athlete and child. The Soccer Shots Classic curriculum is designed to keep kids moving, learning, and having fun.

LITTLE LINGUIST SPANISH

Teacher: Language Kids World
Primary

- Mondays 3:00-3:30 (30 min) (8/24-11/30) 12 classes-no class on 9/7 & 10/12
- \$300/student

Welcome to our Spanish class for children at Language Kids World! Our program immerses children in Spanish through hands-on activities and a targeted play-based approach, focusing on conversational skills development and cultural awareness. Each semester features a unique theme, with engaging activities like interactive games, storytelling, music, and role-play. Children will learn Spanish while exploring cultural traditions, ensuring a fun and effective path to fluency as they play their way to mastering the Spanish language.

LITTLE GENIUSES CHESS

Teacher: The Knight School Primary

- Mondays 3:00-3:45 (45 min) (8/24-11/30) 12 classes-no class on 9/7 & 10/12
- \$375/student

Little Geniuses is a chess-song singing, laughing, chess-tourney, dancing, clock-slapping, zany video, puppet-show introduction to chess—and a chance to be the smart kid in the room. Kids say it's their favorite part of the week because they love our infectiously fun, developmentally targeted activities that are compelling, exhilarating, and gratifying. Guaranteed to delight, Little Geniuses instills enthusiasm for chess and builds academic confidence while teaching the basics of the game. Upon enrollment, new students receive a TKS T-shirt, chess set, chess bag, and all the colorful SillyBands they can earn! Class meets weekly at your school for 45 minutes.

ELEMENTARY CHESS

Teacher: The Knight School 1st-6th grade

- Mondays 4:00-5:15 (75 min) (8/24-11/30) 12 classes-no class on 9/7 & 10/12
- \$480/student

The Knight School has finally perfected the chess class and is sweeping the nation with this hilarious, kid-focused, amazingly cool approach to a big, fun, and genuinely thrilling experience. Grandpa's boring chess class has now evolved into The Knight School's chess parties! TKS is the perfect way for kids of all levels (from brand-new beginners to highly advanced players) to learn to love learning, learn that they are unspeakably smart, and learn how to absolutely demolish their parents in chess! In this kid-centered classroom environment, we teach our kids every cool trick, strategy, opening, and tactic in chessdom and our kids soon learn to love and master chess and masterfully control their classrooms, sports fields, and home lives!

TUESDAY CLASSES

GUITAR

Teacher: Ms. Tessa

3rd-8th grade

- Tuesdays 7:15-8:00 am (45 min) (8/25-11/10) 12 classes
- \$375/student

Guitar lessons are a wonderful way for children to develop a strong musical foundation. Instruction will focus on proper technique, general musicianship, chord fluency, strumming patterns, and exploration of diverse styles. After an initial assessment, lessons will be customized to meet the needs of each child.

JOY OF ART

Teacher: Ms. Erika

Orientation

- Tuesdays 2:30-3:00 (30 min) (8/25-11/10) 12 classes
- Tuesdays 3:00-3:30 (30 min) (8/25-11/10) 12 classes
- \$300/student (plus \$25 materials fee)

Joy of Art explores the creative process through self-directed, open-ended experiences. With minimal teacher direction, children choose how to use the materials presented to them. This approach encourages experimentation, imaginative thinking, and curiosity. Through trial and error, students learn to view mistakes as part of the learning process, build confidence in their ideas, express themselves, and develop creative, independent, and critical thinking skills.

MINDFUL MOVERS

Teacher: Ms. Kayla

Primary

- Tuesdays 3:00-3:45 (45 min) (8/25-11/10) 12 classes
- \$375/student

Join Ms. Kayla for a joyful, calming afterschool experience that blends mindfulness, movement, and music. Children will practice stress relief and emotional regulation through gentle yoga, breathing exercises, and mindfulness games. They'll also explore rhythm, singing, and playing together through interactive activities that build musical understanding and creative expression. This class supports emotional well-being, confidence, peace, and joy.

PRIMARY COOKING

Teacher: Cook, Learn, Grow
Primary

- Tuesdays 3:00-4:00 (60 min) (8/25-11/10) 12 classes
- \$450/student (plus \$50 materials fee)

In this cooking class, young chefs will discover the joys of working in the kitchen while learning essential safety rules and basic skills. Through hands-on activities, students will practice measuring, mixing, cutting, and safely using simple tools.

ADVANCED MUSICAL THEATRE WORKSHOP

Teacher: Ms. Liz
4th-8th grade

- Tuesdays 3:45-5:00 (75 min) Year-long
- \$480/student per semester (plus \$20 materials fee) (note: this is a year-long class)

This high-energy workshop is designed for 4th–8th-grade students with musical theatre experience or a strong interest in performing. Through vocal training, choreography, scene work, and character development, students will build confidence, strengthen their stage presence, and rehearse selections from classic and contemporary shows. The workshop will conclude with a polished showcase in May.

ELEMENTARY COOKING

Teacher: Cook, Learn, Grow
1st-6th grade

- Tuesdays 4:15-5:15 (60 min) (8/25-11/10) 12 classes
- \$450/student (plus \$50 materials fee)

CookLearnGrow is a dynamic, hands-on cooking and food literacy program that empowers kids to build confidence, learn essential life skills, and develop healthy habits. This curriculum blends cooking with academics to create an engaging, enriching experience for students.

MAKERSPACE

Teacher: Ms. Kim
1st-3rd grade

- Tuesdays 3:45-4:45 (60 min) (8/25-11/10) 12 classes
- \$450/student (\$25 materials fee)

Unlock the next level of creativity in our Makerspace class! Building on the foundation laid in the da Vinci Lab, this class introduces exciting new skills. Whether you're interested in woodworking, coding, robotics, or upcycling, you'll have the time, tools, and expert support to bring your unique ideas to life. Ready to take your maker skills to new heights? This is your creative playground.

WEDNESDAY CLASSES

TIPPI TOES DANCE

Teacher: Tippi Toes

Orientation

- Wednesdays 2:45-3:15 (30 min) (8/26-11/11) 12 classes
- \$300/student

Primary

- Wednesdays 3:15-4:00 (45 min) (8/26-11/11) 12 classes
- \$375/student

In this fun and engaging class, young dancers will explore music, movement, balance, and basic dance steps in a positive and friendly environment. Our experienced instructors keep the class moving with age-appropriate activities, ensuring each child has a blast while developing coordination, rhythm, and a love for movement!

UKULELE

Teacher: Ms. Tessa

Primary

- Wednesdays 3:00-3:30 (30 min) (8/26-11/11) 12 classes
- \$300/student

Join our small group ukulele class designed just for children ages 3-6! In this playful and engaging setting, young musicians will explore the basics of rhythm, strumming, and simple chords through fun songs and hands-on activities. With a focus on creativity, coordination, and musical expression, this class helps build a strong foundation for a lifelong love of music. Ukuleles are provided—just bring your curiosity and enthusiasm!

LOWER EL SOCCER ACADEMY

Teacher: Mr. Mitch & Mr. G (Lower Elementary Dads)

1st-3rd grade

- Wednesdays 3:45-4:45 (60 min) (8/26-11/11) 12 classes
- \$450/student

Lower El Soccer Academy is a 12-week, beginner-friendly after-school program where students build foundational soccer skills through fun drills and small-sided scrimmages. With a focus on participation, teamwork, confidence, and sportsmanship, the academy offers a welcoming introduction to soccer without the commitment of weekend games, travel, or a competitive team.

ELEMENTARY ART

Teacher: Ms. Erika

1st-6th grade

- Wednesdays 3:45-4:45 (60 min) (8/26-11/11) 12 classes
- \$450/student (plus \$25 materials fee)

Let your child's creativity shine in this hands-on art class! Students will explore a variety of artistic techniques and materials while creating unique projects inspired by famous artists, nature, and their own imaginations. Through painting, drawing, sculpture, and mixed media, young artists will build confidence, express themselves creatively, and have fun in a supportive, engaging environment.

MAKERS' STUDIO

Teacher: Ms. Kim

4th-8th grade

- Wednesdays 3:45-4:45 (60 min) (8/26-11/11) 12 classes
- \$450/student (plus \$25 materials fee)

Ready to take your creativity to the next level? In this hands-on Makerspace experience, you will craft detailed miniature worlds, create unique resin pieces, use the Cricut machine to design vinyl stickers for cups, block print your own t-shirts and bags, and more! Explore the world of design and creation while building your skills in crafting, engineering, and innovation. Walk away with cool projects you made yourself—and tons of inspiration for your next big idea!

DUNGEONS & DRAGONS

Teacher: Mr. Devin & Ms. Cecelia

4th-8th grade

- Wednesdays 3:45-4:45 (60 min) (8/26-11/11) 12 classes
- \$450/student

Embark on an epic journey of imagination and teamwork! In this tabletop roleplaying class, students learn the rules of classic Dungeons & Dragons while honing quick math and problem-solving skills. Through collaborative storytelling, they'll conquer tyrants, solve ancient puzzles, and design their own adventurers—complete with unique backstories and abilities. Participants even get the chance to lead their own mini-campaign, bringing their creativity, bravery, and humor to every quest. All source books and resources are provided—just arrive ready to roll the dice!

THURSDAY CLASSES

KARATE

Teacher: Tupper Martial Arts

Primary

- Thursdays 3:00-3:30 (30 min) (8/27-11/12) 12 classes
- \$300/student

1st-6th grade

- Thursdays 3:45-4:30 (45 min) (8/27-11/12) 12 classes
- \$375/student

Our martial arts program builds confidence and a growth mindset while strengthening the mind, body, and spirit. Classes include age-appropriate discussions about values such as respect, discipline, courage, responsibility, and kindness, followed by training in flexibility, strength, striking, kicking, Kata, self-defense, and sparring. Students can earn belts and progress toward Black Belt and beyond.

ART EXPLORATION

Teacher: Ms. Erika

Primary

- Thursdays 3:45-4:45 (60 min) (8/27-11/12) 12 classes
- \$450/student (plus \$25 materials fee)

Get ready to paint, sketch, and create through time! Students will explore projects inspired by Renaissance art, comics, surrealism, street art, and digital design while learning how art tells stories and expresses ideas. They'll blend classic and modern techniques while having fun and developing their own creative style.

MUSICAL THEATRE WORKSHOP

Teacher: Ms. Liz

Kinder-3rd grade

- Thursdays 3:45-4:45 (60 min) Year-Long
- \$450/student per semester (plus \$20 materials fee) (note: this is a year-long class)

This foundational workshop is perfect for young performers ready to begin their musical theatre journey in a fun, focused environment. Students will learn theatre vocabulary, explore musical theatre history, and build skills in singing, dancing, and acting through rehearsing age-appropriate songs and choreography. Emphasis will be placed on teamwork, stage presence, and growing confidence as performers. This year will culminate in a staged musical theatre performance that showcases everything they've learned.

SSESH YEARBOOK

Teacher: Ms. Meredith
4th-8th grade

- Thursdays 3:45-4:45 (60 min) (8/27-11/12) 12 classes
- \$450/student

Calling all aspiring photographers, designers, and school spirit enthusiasts! In this dynamic course, you'll have the unique opportunity to create the SSESH 2025-26 yearbook. This is your chance to capture the moments that make our school year unforgettable! Combining skills in photography, software, composition, design, and procurement, you'll work together to produce a yearbook that celebrates our students' learning, service, and growth. From snapping candid shots to designing beautiful layouts, you'll be at the heart of preserving our school's cherished memories. And the best part? Every student enrolled in this course will receive a free Yearbook, a keepsake to treasure forever. Join us and be a part of creating something truly special for our SSESH community!

PRIVATE LESSONS

PIANO LESSONS

Teacher: Ms. Rachel
Kinder-8th grade

- Tuesday, Wednesday, Friday afternoons (30 min) 14 classes total
- \$700/student

Piano lessons are a wonderful way for children to develop a strong musical foundation. Instruction will focus on piano technique, general musicianship, music-reading fluency, and the exploration of diverse repertoire. After an initial assessment, lessons will be customized to meet the needs of each child.

Registration begins Wednesday, 8/12, at Noon
Questions? chughes@ssesh.org