



BULLDOG

360

FALL 2024

MONDAY CLASSES

CLASSIC SOCCER SHOTS

Teacher: Soccer Shots

3-5 years (Primary Year 1 and 2)

- Mondays 3:00-3:30 (30 min.) (9/9-12/9) 12 classes–No Class on 10/14 or 11/25
- \$240/student
- Class Maximum: 12 students

Using creative and imaginative games, Soccer Shots sessions focus on basic soccer skills like dribbling, passing, and shooting. We also highlight a positive character trait each session such as respect, teamwork, and appreciation to help build a well-rounded athlete and child. The Soccer Shots Classic curriculum is designed to keep kids ages 3 to 5 moving, learning, and having fun.

LITTLE LINGUIST SPANISH

Teacher: Language Kids World

Primary

- Mondays 3:00-3:30 (30 min.) (9/9-12/9) 12 classes–No Class on 10/14 or 11/25
- \$240/student
- Class Maximum: 12 students

Welcome to our Spanish class for children at Language Kids World! Our program immerses children in the Spanish language through hands-on activities and a targeted play approach, focusing on conversational skills development and cultural awareness. Each semester features a unique theme, with engaging activities like interactive games, storytelling, music, and role-play. Children will learn Spanish while exploring cultural traditions, ensuring a fun and effective path to fluency as they play their way to mastering the Spanish language.

PREMIER SOCCER SHOTS

Teacher: Soccer Shots

Kindergarten-2nd grade

- Mondays 3:45-4:30 (45 min.) (9/9-12/9) 12 classes–No Class on 10/14 or 11/25
- \$300/student
- Class Maximum: 12 students

Soccer Shots Premier focuses on individual skill, fitness, and sportsmanship, providing an opportunity for children to be challenged through soccer skills, fun games, and team interaction. The curriculum for this program is created for school-age children. Children will also be introduced to competition in a developmentally appropriate manner.

SPANISH CLUB

Teacher: Language Kids World

1st-5th grade

- Mondays 3:45-4:30 (45 min.) (9/9-12/9) 12 classes–No Class on 10/14 or 11/25
- \$300/student
- Class Maximum: 12 students

Welcome to our Spanish class at Language KidsWorld! Designed for older students, our program immerses learners in the Spanish language through hands-on activities and a targeted approach, emphasizing conversational skills and cultural awareness. Each semester, students will delve into a unique theme with engaging activities such as interactive games, storytelling, music, and role-play. This dynamic environment not only promotes language fluency but also offers a deep exploration of cultural traditions, providing a comprehensive and enjoyable path to mastering Spanish.

CALM AND COLLECTED YOGA

Teacher: Mitzi Henderson

4th-8th grade

- Mondays 3:45-4:30 (45 min.) (9/9-12/9) 12 classes–No Class on 10/14 or 11/25
- \$300/student (plus \$50 materials fee)
- Class Maximum: 10 students

Welcome to Calm and Collected Yoga, where every session is an exciting journey toward discovering inner peace and building resilience! Designed specifically for students in grades 4 through 8, this after-school class invites young minds to explore the transformative power of yoga in a fun, supportive environment. In Calm and Collected Yoga, your child will embark on a series of engaging yoga practices that blend movement, mindfulness, and relaxation. Each class is thoughtfully crafted to introduce students to a variety of yoga poses, breathing exercises, and relaxation techniques. We'll also explore fun, interactive games and activities that promote focus, self-awareness, and emotional balance. Additionally, our program is designed to help students build self-confidence and a positive self-image through nurturing activities and supportive guidance. Join us for Calm and Collected Yoga and watch your child flourish both on and off the mat, building lifelong skills for a balanced and fulfilling life!

TUESDAY CLASSES

JOY OF ART

Teacher: Erika Ramirez

Orientation

- Tuesdays 2:45-3:15 (30 min.) (9/10-12/3) 12 classes–1 week break for Thanksgiving
- Tuesdays 3:30-4:00 (30 min.) (9/10-12/3) 12 classes–1 week break for Thanksgiving
- The 3:30 class is intended for children enrolled in aftercare
- \$240/student (plus \$20 materials fee)
- Class Maximum: 5 students

Joy of Art explores the art process. It is a self-directed class with little direction from the teacher. Instead, the child is free to choose what to do with the materials presented to them. It is an open-ended art experience. Engaging children in the art process encourages experimentation and imaginative thinking and motivates children to question and seek answers. Through trial and error, students learn to embrace making mistakes as part of the learning process. They gain the confidence to develop their ideas and express themselves. Children learn to think creatively and independently of others and develop critical thinking skills.

ART EXPLORATION

Teacher: Alyssa Brown

Primary

- Tuesday 3:00-3:45 (45 min.) (9/10-12/3) 12 classes, 1 week break for Thanksgiving
- \$300/student (plus \$50 materials fee)
- Class Maximum: 10 students

*In Art Exploration, we will take a journey around the world and explore the artwork of Henri Matisse, Yayoi Kusama, Claude Monet, Pablo Picasso, Alma Woodsey Thomas, Frank Stella, Rene Magritte, Charley Harper, Mary Blair, Andy Warhol, and more. For each class, we will create our masterpieces inspired by these artists and learn age-appropriate art history. Students will work with different art mediums and skills, including painting, drawing, sculpture, watercolor, collaging, oil pastels, cutting, gluing, and more! Students will be able to take their masterpieces home the following class. These make great decor or presents. This class aims to have fun, learn, and create art! **Please note: Art-friendly clothing is recommended. Students will also wear aprons.*

LITTLE GENIUSES CHESS

Teacher: The Knight School

3.5-6 years

- Tuesdays 2:45-3:30 (45 min) (9/10-12/3) 12 classes–1 week break for Thanksgiving
- \$330/student
- Class Maximum: 16 students

Little Geniuses is a chess-song singing, laughing, chess-tourney, dancing, clock-slapping, zany video, puppet show introduction to chess, and being the smart kid in the room. Kids report Little Geniuses to be the favorite part of their week because kids love our infectiously-fun thinking activities, which are developmentally targeted to be compelling, exhilarating, and gratifying. Guaranteed to delight, Little Geniuses is the perfect way to instill enthusiasm for chess and help your child gain academic confidence while learning the basics of the game and having a blast. Upon enrollment, new students receive a TKS T-Shirt, chess set, chess bag, and all the colorful SillyBands they can earn! Class meets weekly at your school for 45 minutes.

ELEMENTARY CHESS

Teacher: The Knight School

1st-6th grade

- Tuesdays 3:45-5:00 (75 min) (9/10-12/3) 12 classes–1 week break for Thanksgiving
- \$430/student
- Class Maximum: 16 students

The Knight School has finally perfected the chess class and is sweeping the nation with this hilarious, kid-focused, amazingly cool approach to a big, fun, and genuinely thrilling experience. Grandpa's boring chess class has now evolved into The Knight School's chess parties! TKS is the perfect way for kids of all levels (from brand-new beginners to highly advanced players) to learn to love learning, learn that they are unspeakably smart, and learn how to absolutely demolish their parents in chess! In this kid-centered classroom environment, we teach our kids every cool trick, strategy, opening, and tactic in chessdom and our kids soon learn to love and master chess and masterfully control their classrooms, sports fields, and home lives!

MUSICAL THEATRE WORKSHOP

Teacher: Liz Newchurch

1st-8th grade

- Tuesdays 3:45-5:00 (75 minutes)
- Semester 1: (9/10-12/3) 12 classes–1 week break for Thanksgiving
- Semester 2: (1/28-4/22) 12 classes–1 week break for Spring Break
- \$720/student (\$360/semester) This class is a year-long commitment
- Class Maximum: 20 students

Attention all budding stars from 1st to 8th grade! Get ready to step into the spotlight in our sensational Musical Theatre Workshop! This year, we're diving into musicals that shine a spotlight on kids and teens just like you. Join us for a journey filled with toe-tapping songs, dazzling choreography, and a whole lot of fun! You'll get to perform numbers from some of the most beloved musicals and discover the magic behind the scenes. But that's not all! You'll also explore the rich history of musical theatre and master the lingo of the stage. By the end of our adventure, you'll be ready to wow the SESH community with a showstopping performance that'll leave everyone cheering! Don't miss out on this incredible opportunity to showcase your talent and make unforgettable memories. See you on stage!

ANIMAGIC STUDIO

Teacher: Margie Dye

6th-8th grade

- Tuesdays 3:45-4:45 (60 minutes) (9/10-12/3) 12 classes–1 week break for Thanksgiving
- \$360/student (\$40 materials fee)
- Class Maximum: 10 students

Come explore multiple mediums as we have our very first claymation class! Students will begin by sketching out their film project: creating characters, background scenes, material lists, and more. Then, will sculpt our very own characters and create 3D scenes. Finally, we will end this amazing after school session by making the film using a start-stop animation filming technique.

WEDNESDAY CLASSES

ST. STEPHEN'S SINGERS

Teacher: Rebecca McDonald

Primary

- Wednesdays 3:00-3:45 (45 minutes) (9/11-12/4) 12 classes–1 week break for Thanksgiving
- \$300/student
- Class Maximum: 12 students

Announcing a very special opportunity for primary students (ages 3 to 6): The St. Stephen's Singers! Students will develop their singing voices through a wide variety of repertoire, both sacred and secular. A combination of rote teaching and written music will accommodate younger members who are not reading yet, while still developing music reading skills for older students. We will work on basic music theory concepts through fun games and activities while we learn to work together as an ensemble. The choir will have various performance opportunities throughout the semester. Come and sing along!

LITTLE YOGIS

Teacher: Mitzi Henderson

Primary

- Wednesdays 3:00-3:30 (30 minutes) (9/11-12/4) 12 classes–1-week break for Thanksgiving
- \$240/student (plus \$40 materials fee)
- Class Maximum: 10 students

Get ready for an adventure in mindfulness with Little Yogis! We're thrilled to welcome your little ones back for the Fall session, and even more excited to introduce our Reflection Journal! This season, our classes will be more engaging and enriching than ever, with a special focus on self-confidence, self-expression, emotional regulation, self-awareness, and body awareness through creative activities, fun games, and journaling. In Little

Yogis, your child will continue their yoga adventure with imaginative poses, soothing mindfulness practices, and a touch of magic. This Fall, our Reflection Journal will be a key part of their experience, guiding them through activities designed to build confidence, express themselves, and develop a deeper understanding of their emotions and body. It's a wonderful opportunity for your little one to explore, express, and grow in a fun and supportive setting.

ART AROUND THE WORLD

Teacher: Margie Dye

Kindergarten-2nd grade

- Wednesdays 3:45-4:45 (60 minutes) (9/11-12/4) 12 classes–1 week break for Thanksgiving
- \$360/student (\$40 materials fee)
- Class Maximum: 10 students

Travel the world through art-making in an immersive semester-long workshop! We begin by creating our very own artful passports. Then we jet off to a variety of countries such as India, Australia, South Africa, Mexico, Canada, and China. Some of our projects include elaborate Chinese fans, Aboriginal Australian dot paintings, South African masks, and drums, woven Mexican textiles and tin art or hojalata, plus intricate Indian henna hands and peacock illustrations. We create with a wide variety of worldly artistic mediums such as cardboard, construction paper, yarn, ink, paint, glue, and more.

PICKLEBALL PROS

Teacher: Mitzi Henderson

3rd-8th grade

- Wednesdays 3:45-4:45 (60 minutes) (9/11-12/4) 12 classes–1 week break for Thanksgiving
- \$300/student (plus \$50 materials fee)
- Class Maximum: 10 students

Get ready to serve up some excitement with Pickleball Pros, our dynamic after-school program designed for kids aged 3rd to 8th grade! This engaging class introduces young players to the thrilling world of pickleball, where they'll learn the basics of the game while developing essential social-emotional skills and having a blast. Pickleball Pros combines the joy of pickleball with valuable lessons in social-emotional learning. Each session is crafted to teach fundamental pickleball techniques through fun activities, interactive drills, and friendly games, all while fostering self-confidence, positive self-image, and a sense of community. Join us for Pickleball Pros and let your child experience the excitement of pickleball while developing valuable life skills and making new friends.

PYTHON PROGRAMMING 101

Teacher: Harrison Atlas

6th-8th grade

- Wednesdays 3:45-4:30 (60 minutes) (9/11-12/4) 12 classes–1 week break for Thanksgiving
- \$300/student
- Class Maximum: 10 students

This course will introduce students to the basics of writing computer programs using Python, a versatile and beginner-friendly language frequently used by computer science students and professionals alike. Through a series of informative lessons and fun, practical projects, students will improve their computational thinking and creative design skills with every line of code written. Additionally, students will practice collaboration with their classmates via pair programming and have opportunities to showcase their projects to the class at the end of the 12-week course.

THURSDAY CLASSES

PRIMARY KARATE KIDS

Teacher: Sensei Anthony Tupper

Primary

- Thursdays 3:00-3:30 (30 min.) (9/12-12/5) 12 classes–1-week break for Thanksgiving
- \$240/student
- Class Maximum: 10 students

Our martial arts program is designed to instill confidence and a growth mindset that focuses on improving your mind, body, and spirit. Classes begin with an age-appropriate class discussion (called a “Mat Chat”) about various topics such as respect, courtesy, discipline, courage, integrity, responsibility, and kindness. Then, we focus on building flexibility, strength, and endurance as we teach and cover a mix of striking, kicking, Kata, self-defense scenario training, and sparring application. Students will earn belts in class and can progress to Black Belt and beyond with us.

ELEMENTARY KARATE KIDS

Teacher: Sensei Anthony Tupper

1st-6th grade

- Thursdays 3:45-4:30 (45 min.) (9/12-12/5) 12 classes–1-week break for Thanksgiving*
- \$300/student
- Class Maximum: 10 students

Our martial arts program is designed to instill confidence and a growth mindset that focuses on improving your mind, body, and spirit. Classes begin with an age-appropriate class discussion (called a “Mat Chat”) about various topics such as respect, courtesy,

discipline, courage, integrity, responsibility, and kindness. Then, we focus on building flexibility, strength, and endurance as we teach and cover a mix of striking, kicking, Kata, self-defense scenario training, and sparring application. Students will earn belts in class and can progress to Black Belt and beyond with us.

EMERGING ENGINEERS

Teacher: Kim Vetter

Kindergarten-3rd grade

- Thursdays 3:45-4:45 (1 hour) (9/12-12/5) 12 classes–1-week break for Thanksgiving
- \$360/student (\$40 materials fee)
- Class Maximum: 10

Join us as we dive into the world of engineering, perfect for curious minds in grades K-3! In this hands-on class, young engineers will explore electrical and mechanical wonders through fun and engaging projects. They'll create take-home circuit kits, build mini-Erector set vehicles, explore renewable energy with solar bugs, sew felt creatures, do woodworking, and more. Plus, they'll have opportunities to bring their own ideas to life using recycled items and craft materials.

CARTOON CREATORS

Teacher: Margie Dye

3rd-5th grade

- Thursdays 3:45-4:45 (1 hour) (9/12-12/5) 12 classes–1-week break for Thanksgiving
- \$360/student (\$40 materials fee)
- Class Maximum: 10

Come get creative in cartooning club! This club is an exciting course that teaches students how to sketch out ideas, imagine and draw out unique characters, create stories, draw various cartoon styles, create our own comic strips and book covers and more. We will plot, script, ink, make panel layouts, and more! Each student will become authors of their very own multi-chapter Comic Book.

BILINGUAL COOKING CLUB

Teacher: Gisella Nader

4th-8th grade

- Thursdays 3:45-4:45 (1 hour) (9/12-12/5) 12 classes–1-week break for Thanksgiving
- \$360/student (\$40 materials fee)
- Class Maximum: 15

In the Bilingual Cooking Club, students will learn an important life skill, regardless of their previous knowledge of cooking. Children will understand the importance of a balanced and healthy diet. They will also learn manual skills such as cutting, kneading, measuring, and

mixing. They will learn to be responsible by following guidelines and carefully using kitchen utensils and appliances. They will stimulate their senses by tasting, smelling, touching, and seeing different foods. In addition, students will reinforce their Spanish language skills in each class with hands-on experiences and will strengthen their social skills. The materials fee will cover everything they need (kitchen apron, utensils, and ingredients).

SSESH FILM CLUB

Teachers: Stefan Blozinski

4th-8th grade

- Thursdays 3:45-5:15 (1 hr 30 min.) (9/12-12/5) 12 classes–1-week break for Thanksgiving
- \$480/student
- Class Maximum: 20

In SSESH Film Club, groups will be formed to write, film, and edit their own films for the end-of-session film fest! Following the 5-part filmmaking model, we work on storytelling and structure in the beginning and work our way through camera operation, sound, lighting, and editing. For those familiar with the summer film camp, it will be a similar experience, but with more time, which means we can make even more films! Each day will start with a snack session and check-in while we plan our time, after which we will break into teams.

FRIDAY CLASSES

SCIENCE EXPEDITION

Teacher: Devin Kinsella and Alyssa Brown

Primary

- Fridays 3:00-3:45 (45 minutes) (9/6-12/13) 12 classes–No classes on 10/11, 11/22, or 11/29
- \$300/student (\$50 materials fee)
- Class Maximum: 20 students

Join Mr. Devin and Ms. Alyssa for Primary Science Expedition! Students will be enriched with educational, hands-on, and entertaining science experiments. Fundamental science concepts will be presented in a visual, interactive, and age-appropriate manner. Students will be taught the process of observation, questioning, experimentation, and recording their work. Our fun science experiments will be pulled from various science fields, such as chemistry, physics, biology, botany, and more. We will explore mixing chemicals, creating reactions, making volcanoes, understanding physical laws, digging for gemstones, learning how plants grow, and more! We look forward to bringing STEM enrichment to our budding junior scientists after school. Join us on a series of science adventures like no other!

AMAZING AUTHORS

Teacher: Kim Vetter

Kindergarten-3rd

- Fridays 3:45-4:30 (45 minutes) (9/6-12/13) 12 classes–No classes on 10/11, 11/22, or 11/29
- \$300/student
- Class Maximum: 10 students

Welcome to our creative writing adventure designed just for young storytellers in grades K-3! In this creative writing class, children will be inspired by real authors, as we use picture books as mentor texts. This class is all about young writers finding their unique voice and making choices that bring stories to life. Emerging writers will be reminded that you can tell stories with pictures, while being encouraged to use words, as well. As a special memento of our journey together, each student will take home an anthology of everyone's favorite work.

SCRATCHING THE SURFACE: AN INTRO TO PROGRAMMING

Teacher: Harrison Atlas

3rd-5th grade

- Fridays 3:45-4:30 (45 minutes) (9/6-12/13) 12 classes–No classes on 10/11, 11/22, or 11/29
- \$300/student
- Class Maximum: 10 students

This course will guide students as they take their beginning steps into the wonderful world of programming by utilizing Scratch, a block-based programming language and educational tool developed by the MIT Media Lab. By selecting and arranging code blocks provided in Scratch's intuitive interface, students will be able to create animations, games, and stories, all while practicing algorithmic thinking. Towards the end of the 12-week course, students will have the opportunity to share their projects with the class for all to enjoy.

PERCUSSION ENSEMBLE

Teacher: Rebecca McDonald

1st-8th grade

- Fridays 3:45-4:45 (60 minutes) (9/6-12/13) 12 classes–No classes on 10/11, 11/22, or 11/29
- \$360/student
- Class Maximum: 20 students

Percussion instruments are fun to play and easily accessible for all ages. Our Percussion Ensemble (grades 1 to 8) will learn about a wide variety of instruments and rhythms from around the world. In addition to traditional drums, shakers, and xylophones, we will

explore world instruments such as the conga (tubano), bongo, djembe, frame drum, guiro, gankogui (agogo), shekere, and more! Students will learn proper playing techniques while developing their rhythm skills and striving for musical artistry. An added benefit is the development of ensemble skills, which teaches students to listen to each other and work as a team. The ensemble will perform at the end of the semester. No prior experience is necessary. Come learn and jam with us!

SNAP & SCRIBBLE YEARBOOK CLUB

Teacher: Chris Giles

4th-8th grade

- Fridays 3:45-4:30 (45 minutes) (9/6-12/13) 12 classes–No classes on 10/11, 11/22, or 11/29
- \$300/student
- Class Maximum: 20 students

Calling all aspiring photographers, designers, and school spirit enthusiasts! In this dynamic course, you'll have the unique opportunity to create the SSESH 2024-25 yearbook. This is your chance to capture the moments that make our school year unforgettable! Combining skills in photography, software, composition, design, and procurement, you'll work together to produce a yearbook that celebrates our students' learning, service, and growth. From snapping candid shots to designing beautiful layouts, you'll be at the heart of preserving our school's cherished memories. And the best part? Every student enrolled in this course will receive a free Yearbook, a keepsake to treasure forever. Join us and be a part of creating something truly special for our SSESH community!

**ENROLLMENT BEGINS
MONDAY, AUGUST 19, 2024
AT NOON**



Questions?
Please contact
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