



## St Stephen's Episcopal School Menu June--2023

Monday 29-May	Tuesday 30-May	Wednesday 31-May	Thursday 1-Jun	Friday 2-Jun
5-Jun	6-Jun	7-Jun	8-Jun	9-Jun
BBQ Beef Slider, Baked Beans, Fresh Corn, Fresh Cut Fruit  <b>V-BBQ Boca Burger Slider</b> <b>Turkey &amp; Cheddar Sandwich</b>	Baked Chicken Breast with Anaheim Sauce, Steamed Rice, Diced Carrots and Peas, Fresh Cut Fruit  <b>V-Grilled Tofu with Anaheim Sauce</b> <b>Crispy Chicken Sandwich</b>	Broccoli, Cauliflower & Cheese Casserole with Baked Chicken Breast, Plain Pasta, Fresh Baked Baguette, Fresh Cut Fruit  <b>V-Broccoli, Cauliflower &amp; Cheese Casserole with Grilled Tofu</b> <b>Grilled Cheese Sandwich</b>	Chicken & Cheese Quesadillas, Steamed Rice, Black Beans, Fresh Cut Fruit  <b>V-Cheese Quesadillas</b> <b>Hot Dog</b>	Spaghetti with Turkey Meat Sauce, Fresh Green Beans & Carrots, Fresh Cut Fruit  <b>V-Spaghetti with TVP, Diced Vegetables &amp; Marinara Sauce</b> <b>Grilled Chicken and Cheese Wrap</b>
12-Jun	13-Jun	14-Jun	15-Jun	16-Jun
Baked Chicken Breast with Alfredo Sauce, Farfalle Pasta, Oven Roasted Carrots, Fresh Cut Fruit  <b>V-Grilled Tofu with Alfredo Sauce</b> <b>Turkey &amp; Cheddar Sandwich</b>	Turkey & Cheese Croissant, Caprice Pasta Salad with Fresh Basil, Tomato, Cucumber, Mozzarella Cheese & Olive Oil, Fresh Cut Fruit  <b>V-Assorted Cheese Wrap</b> <b>Turkey and Cheese Wrap with Mayo &amp; Lettuce</b>	Chicken Nuggets, Waffle Fries, Steamed Broccoli, Ketchup, Fresh Cut Fruit  <b>V-Veggie Nuggets</b> <b>Grilled Cheese Sandwich</b>	Teriyaki Chicken with Broccoli and Carrots, Steamed Rice, French Bread, Fresh Cut Fruit  <b>V-Teriyaki Grilled Tofu</b> <b>Hot Dog</b>	Beefy Mac and Cheese, Fresh Corn, French Bread, Fresh Cut Fruit  <b>V- TVP Mac and Cheese</b> <b>Grilled Chicken and Cheese Wrap</b>
19-Jun	20-Jun	21-Jun	22-Jun	23-Jun
<b>SCHOOL CLOSED</b>	Chicken Fried Rice with Carrots & Lima Beans, Steamed Broccoli, Fresh Baked Baguette, Fresh Cut Fruit  <b>V-Fried Rice with Grilled Tofu, Carrots &amp; Lima Beans</b> <b>Crispy Chicken Sandwich</b>	Baked Chicken Breast, Mashed Potatoes with Cheddar Cheese, Sliced Carrots, Fresh Cut Fruit  <b>V-Grilled Tofu</b> <b>Grilled Cheese Sandwich</b>	Sweet & Sour Chicken, Steamed Rice, Broccoli, Fresh Cut Fruit  <b>V-Sweet &amp; Sour Grilled Tofu</b> <b>Hot Dog</b>	Chicken and Waffles, Roasted Red Potatoes, Steamed Broccoli, Ketchup, Fresh Cut Fruit  <b>V-Baked Cheese Sticks and Waffles</b> <b>Grilled Chicken and Cheese Wrap</b>
26-Jun	27-Jun	28-Jun	29-Jun	30-Jun
Macaroni and Cheese with Oven Roasted Chicken Breast, Steamed Broccoli, Fresh Cut Fruit  <b>V-Macaroni and Cheese with Grilled Tofu</b> <b>Turkey &amp; Cheddar Sandwich</b>	Beef Tamales, Black Beans, Steamed Rice, Fresh Cut Fruit  <b>V-Vegetarian Tamales</b> <b>Crispy Chicken Sandwich</b>	Turkey Sloppy Joe Slider, Tater Tots, Fresh Corn, Fresh Cut Fruit  <b>V-TVP Sloppy Joe Slider</b> <b>Grilled Cheese Sandwich</b>	Parmesan & Ricotta Ravioli, Oven Roasted Zucchini, Garlic Bread, Fresh Cut Fruit  <b>Hot Dog</b>	Cheese Pizza, Sliced Cucumber with House Made Ranch Dressing, Fresh Cut Fruit  <b>Grilled Chicken and Cheese Wrap</b>

\*Vegetarian Substitute