



# Bulldog 360

## Spring 2022 Course Catalog

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Bulldog 360 is supplemental learning, vibrant classes, and fun community building — all happening after school hours. Courses will be taught in person, on campus.

- **Registration Begins: December 12, 2022 at noon**
- Spring Start: Week of January 23, 2023
- Duration: 10 weeks
- No Bulldog 360 during school holidays, conferences, and in-service dates.
- All registration is first come, first served.
- Refunds will be issued after the first class only.
- Should you have any questions, please reach out to our Bulldog 360 Coordinator, Ms. Liz Newchurch at [lnewchurch@ssesh.org](mailto:lnewchurch@ssesh.org)



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## Spring 2022 Course Catalog

### Joy of Art; Orientation; Tuesday; Ms. Erika

- Teacher: Erika Ramirez
- Class Level: Orientation
- Class Day/Time: Tuesdays 3:00-3:30 (1/24-4/4)
- Class Cost: \$200/student (\$20 materials fee)
- Class Description: The class explores the art process. It is a self-directed class with little direction from the teacher. Instead, the child is free to choose what to do with the materials presented to them. It is an open-ended art experience. In art experience, in which the child which the child is in control of their creation. Engaging children in the art process encourages experimentation and imaginative thinking and motivates children to question and seek answers. Through trial-and-error, students learn to embrace making mistakes as part of the learning process. They gain the confidence to develop their ideas and express themselves. Children learn to think creatively and independently of others and develop critical thinking skills.

### Soccer Skills; Primary; Monday; Coach Tony

- Teacher: Tony Tran
- Class Level: Primary
- Class Day/Time: Mondays 3:00-3:30 (1/23-4/10)
- Class Cost: \$200/student
- Class Description: Soccer is often called “the beautiful game,” but before it can be played beautifully, students will need to understand and learn the Basic Soccer Skills. Skills that the students will work on are Passing, Dribbling, Trapping/Receiving, and Shooting. Soccer along with other sports is a game used to teach children teamwork, competition, and to build a healthy active life.



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## Spring 2022 Course Catalog

### Spanish Immersion; Primary; Monday; Ms. Gi

- Teacher: Gisella Nader
- Class Level: Primary
- Class Day/Time: Mondays 3:00-3:30 (1/23-4/10)
- Class Cost: \$200/student (\$20 materials fee)
- Class Description: Our Spanish immersion program for primary students, offers a combination of game-based and academically focused methods to teach the language in a natural way. Through fun and interactive activities conducted exclusively in Spanish, children will maintain their interest in the language and will learn to associate words and sounds with specific actions. The more sounds they hear in Spanish, the easier the journey to fluency. *A minimum of 10 students is required in this class.*

### Science Expedition; Primary; Tuesday; Ms. Alyssa

- Teacher: Alyssa Brown
- Class Level: Primary
- Class Day/Time: Tuesdays 3:00-3:45 (1/24-4/4)
- Class Cost: \$250/student (\$50 materials fee)
- Class Description: This Spring semester, we are introducing Primary Science Expedition to Bulldog 360! Students will be enriched with educational, hands-on, and entertaining science experiments. Science concepts will be presented in a visual, interactive, and age-appropriate manner. Our fun science experiments will include rain cloud in a jar, lava lamp experiment, oil and water science exploration, walking water experiment, tornado weather activity, exploring what melts in the sun, making a volcano, exploring interactions with baking soda and vinegar, and more! We are looking forward to bringing STEM enrichment after school for our growing junior scientists. Join us on a series of science adventures like no other!



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### Creative Dance; Primary; Wednesday; Ms. Jaquel

- Teacher: Jaquel Charlesworth
- Class Level: Primary
- Class Day/Time: Wednesdays 3:00-3:30 (1/25-4/5)
- Class Cost: \$200/student (\$20 materials fee)
- Class Description: This class will introduce the child to the joy and excitement of dance. The class will focus on basic concepts, such as balance, strength, flexibility, and body awareness. All activities are designed to allow the child to express their feelings, interact with their environment, and work with others to bring favorite stories to life. Creative Dance will start with a teacher-directed warm-up, followed by the introduction of the reading inspiration. The teacher will then softly direct the child to create movement based on their questions and feelings. The dancers will be guided to explore their ideas through a range of movements, and space. The dancers will be introduced to space, patterns, and rhythm through the process. The child will take the newly learned skill and create their own dance. The class will end with a creative procession of what brought the most joy to the child.

### Primary Karate; Primary; Thursday; Sensei Anthony Tupper

- Teacher: Sensei Anthony Tupper
- Class Level: Primary
- Class Day/Time: Thursdays 3:00-3:30 (1/26-4/6)
- Class Cost: \$200/student
- Class Description: Our martial arts program is designed to instill confidence and a growth mindset that focuses on improving your mind, body, and spirit. Classes begin with an age-appropriate class discussion (called a “Mat Chat”) about a variety of topics such as respect, courtesy, discipline, courage, integrity, responsibility, and kindness. Then, we focus on building flexibility, strength, and endurance as we teach and cover a mix of striking, kicking, Kata, self-defense scenario training and sparring application. Students will earn belts in class and can progress to Black Belt, and beyond with us.



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### Chapel Choir; 1st-6th grade; Monday; Ms. Grace

- Teacher: Grace Sung
- Class Level: 1st-6th grade
- Class Day/Time: Mondays 3:45-4:30 (1/23-4/10)
- Class Cost: \$250/student (\$25 materials fee)
- Class Description: Through choral singing and instrumental playing, children will not only develop their musical skills but also refine their social skills and self-expression. In addition to singing, Chapel Choir will also play hand chimes and percussion instruments to provide beautiful music for our chapel services. We rehearse on Mondays and perform during the All School Chapel services. This is a great opportunity for 1st through 6th grade students.

### Glitter Glitter Everywhere; 1st - 6th grade; Monday; Ms. Sasha

- Teacher: Sasha Dela
- Class Level: 1st-6th grade
- Class Day/Time: Mondays 3:45-4:30 (1/23-4/10)
- Class Cost: \$250/student (\$50 materials fee)
- Class Description: Have you ever imagined using unlimited amounts of glitter in every art project? This class is for you. Every week students will incorporate glitter into paintings, sculptures, photos and crafts. Many of their projects will be inspired by contemporary artists and craft traditions. In addition to glitter, students will gain experience with acrylic paint, encaustic paint, clay, photography and other fabulous art materials.



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### Photo Moto; 1st - 6th grade; Tuesday; Ms. Sasha

- Teacher: Sasha Dela
- Class Level: 1st-6th grade
- Class Day/Time: Tuesdays 3:45-4:30 (1/24-4/4)
- Class Cost: \$250/student (\$60 materials fee)
- Class Description: Photo Moto is a fun and engaging photo class for kids offering a space to experiment with various concepts and modes of photography. Students will do a photo scavenger hunt, light painting with Canon cameras, and try out Instax instant camera photos, among many different fun challenges! Students will learn about the history and development of photography, and experiment with the different mechanisms of capturing an image.

### Model UN; Tuesday \*\*only for returning students\*\*

- Teacher: Celia Hughes
- Class Level: 3rd-8th grade
- Class Day/Time: Tuesdays 3:45-4:30 (1/24-4/4)
- Class Cost: \$250/student
- Class Description: Montessori Model United Nations is a year-long experience through which students interact globally to create solutions to real-world issues using the format of the United Nations. Students have the opportunity to interact with peers from many different countries and cultures of the world as they come together virtually to discuss issues facing them as global citizens. MMUN is a great way to enhance your child's academic experience as it relates to geography, social studies, language arts, and much more. MUNN fosters a global perspective and supports our Montessori pedagogy of peace education in a very tangible way. Our SSES MMUN team will research and represent a country in a culminating Model UN virtual experience in May.
- Please note this course is a year-long commitment. Students must be available on the following dates for the MMUN virtual conference: April 28-30 and May 6-8.
- Third graders are invited to participate in the course and will partner with an Upper Elementary student for the MMUN virtual conference. Third graders need not pay the MMUN fee for the virtual conference (\$600).
- Check out <https://montessori-mun.org/> for more information.



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## Spring 2022 Course Catalog

### Musical Theatre Workshop; 1st - 8th grade; Wednesday; Ms. Liz

- Teacher: Liz Newchurch
- Class Level: 1st-8th grade (1/25-5/10) \*please note this is a 15-week class\*
- Class Day/Time: Wednesdays 3:45-4:45 \*please note this is an hour-long class\*
- Class Cost: \$350/student
- Class Description: Calling all performers from 1st-8th grade! Over this 15-week class, students will learn songs and choreography to well-known musicals and put together a musical theatre medley. Sprinkled into rehearsals will be musical theatre history, theatre terminology, fundamentals of dance, vocal techniques, and performance coaching. The semester will end with a showcase performance for both students and families.

### Film Club; 3rd-8th grade; Wednesday; Ms. Anita and Mr. Stefan

- Teachers: Anita Long and Stefan Blozinski
- Class Level: 3rd-8th grade
- Class Day/Time: Wednesdays 3:45-4:30 (1/25-4/5)
- Class Cost: \$250/student
- Class Description: Teams will be formed to write, film, and edit their own films for the end-of-session film fest! Following the 5-part filmmaking model, we work on storytelling and structure in the beginning and work our way through camera operation, sound, lighting, and editing. For those familiar with the summer film camp, it will be a similar experience, but with more time, which means we can make even more films! Each day will start with a snack session and check-in while we plan our time, after which we will break into teams.



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## Spring 2022 Course Catalog

### Lower Elementary Da Vinci Lab; Monday and/or Tuesday; Mr. Charlie

- Teacher: Charlie Larrabee
- Class Level: 1st-3rd grade
- Class Day/Time: Lower EI: M/T 3:45-5:30 (1/23-4/10)
- Class Cost: \$350/student (one day) \$540/student (two days) Aftercare Students get 50% discount
- Class Description: Semester 2 (5 weeks per topic): (1) Sewing / Ceramics – Students will learn about fabric design, cutting, and stitching. In Ceramics, they will learn construction and finishing methods. (2) 3D Design – Students will explore 3-D scanning, Mesh Mixer, and TinkerCad. They will learn how to slice their models and how to make good designs for 3D printing.

### Lower Elementary Basketball; 1st-3rd grade; Wednesday; Coach Tony

- Teacher: Coach Tony
- Class Level: 1st-3rd grade
- Class Day/Time: Wednesdays 3:45-4:30 (1/25-4/5)
- Class Cost: \$250/student
- Class Description: Basketball is one of the world's most popular sports, but before it can be played, students will need to learn and understand the fundamental basketball skills. Skills that students will work on are Dribbling, Passing, and Shooting. Basketball along with other sports is a game used to teach children teamwork, competition, and to build a healthy active life.





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## Spring 2022 Course Catalog

### Lower Elementary Karate; 1st-3rd grade; Thursday; Sensei Anthony Tupper

- Teacher: Sensei Anthony Tupper
- Class Level: 1st-3rd grade
- Class Day/Time: Thursdays 3:45-4:30 (1/26-4/6)
- Class Cost: \$250/student
- Class Description: Our martial arts program is designed to instill confidence and a growth mindset that focuses on improving your mind, body, and spirit. Classes begin with an age-appropriate class discussion (called a “Mat Chat”) about a variety of topics such as respect, courtesy, discipline, courage, integrity, responsibility, and kindness. Then, we focus on building flexibility, strength, and endurance as we teach and cover a mix of striking, kicking, Kata, self-defense scenario training and sparring application. Students will earn belts in class and can progress to Black Belt, and beyond with us.

### Upper Elementary Da Vinci Lab; Wednesday and/or Thursday; Mr. Charlie

- Teacher: Charlie Larrabee
- Class Level: 4th-8th grade
- Class Day/Time: Upper El: W/TH 3:45-5:30 (1/25-4/5)
- Class Cost: \$350/student (one day) \$540/student (two days) Aftercare Students get 50% discount
- Class Description: Semester 2 (5 weeks per topic): (1) Sewing / Ceramics – Students will learn about fabric design, cutting, and stitching. In Ceramics, they will learn construction and finishing methods. (2) 3D Design – Students will explore 3-D scanning, Mesh Mixer, and TinkerCad. They will learn how to slice their models and how to make good designs for 3D printing.



# Bulldog 360

## Spring 2022 Course Catalog

### Yearbook; 4th-8th grade; Monday; Ms. Jen and friends

- Teacher: Jen Erickson, Sara Taylor, Brent Fogt
- Class Level: 4th-8th grade
- Class Day/Time: Mondays 3:45-4:30 (1/23-4/10)
- Class Cost: \$250/student
- Class Description: Photography, school spirit, software, composition, design, and procurement combine in this course where we produce the SSESH 2022-23 yearbook. These moments pass by but once for our students; the Yearbook will celebrate our students' learning, service, and growth. All students enrolled in this course will receive a free yearbook.

### Upper Elementary and Middle Years Basketball; 4th-8th grade; Tuesday; Coach Tony

- Teacher: Coach Tony
- Class Level: 4th-8th grade
- Class Day/Time: Tuesdays 3:45-4:30 (1/24-4/4)
- Class Cost: \$250/student
- Class Description: Basketball is one of the world's most popular sports, but before it can be played, students will need to learn and understand the fundamental basketball skills. Skills that students will work on are Shooting, Dribbling, Defending, Rebounding, and Passing. Basketball along with other sports is a game used to teach children teamwork, competition, and to build a healthy active life.



# Bulldog 360

## Spring 2022 Course Catalog

### Bilingual Cooking; 4th-8th grade; Thursday; Ms. Gi

- Teacher: Gisella Nader
- Class Level: 4th-8th grade
- Class Day/Time: Thursdays 3:45-4:45 (1/26-4/6)
- Class Cost: \$250/student (\$75 materials fee)
- Class Description: In the Bilingual Cooking Club, students will learn an important life skill, regardless of their previous knowledge of cooking. Children will understand the importance of a balanced and healthy diet. They will also learn manual skills such as cutting, kneading, measuring, and mixing. They will learn to be responsible by following guidelines and carefully using kitchen utensils and appliances. They will stimulate their senses by tasting, smelling, touching, and seeing different foods. In addition, students will reinforce their Spanish language skills in each class with hands-on experiences and will strengthen their social skills. The materials fee will cover everything they need (kitchen apron, utensils, and ingredients).

### Private Piano; Kinder - 8th; T-W-Th; Ms. Grace

- Teacher: Grace Sung
- Class Level: kinder-8th grade
- Class Day/Time: Tues/Wed/Thurs 3:15-5:15 (30 min. lessons) (1/24-4/6)
- Class Cost: \$500/student (\$35 materials fee)
- Class Description: Piano lessons are a great way for a child to develop a strong musical foundation. Lessons focus on piano technique, general musicianship, music reading fluency, and exploration of diverse repertoire. Customized lessons for each child will be provided after the initial assessment. This is a great opportunity for Kinder through 8th-grade students.