



St Stephen's Episcopal School Menu August--2022

Monday	Tuesday	Wednesday	Thursday	Friday
1-Aug	2-Aug	3-Aug	4-Aug	5-Aug
8-Aug	9-Aug	10-Aug	11-Aug	12-Aug
15-Aug	16-Aug	17-Aug	18-Aug	19-Aug
	EARLY DISMISSAL	Chicken Nuggets, Waffle Fries, Steamed Broccoli, Ketchup, Fresh Cut Fruit V-Grilled Tofu Nuggets	Turkey Hot Dogs, Baked Beans, Fresh Corn, Fresh Cut Fruit V-Veggie Dogs	Beef Lasagna with Ricotta Cheese, Mozzarella Cheese & Tomato Basil Pasta Sauce, Baked Yellow Squash, Garlic Bread, Fresh Cut Fruit V-Vegetarian Lasagna with Ricotta Cheese, Mozzarella Cheese & Tomato Basil Pasta Sauce
22-Aug	23-Aug	24-Aug	25-Aug	26-Aug
Beef Tamales, Black Beans, Steamed Rice, Fresh Cut Fruit V-Vegetarian Tamales	Turkey and Cheese Sub Sandwich with Mayo & Lettuce, Apple Sauce, Fresh Cut Fruit V-Assorted Cheese Sub Sandwich with Mayo & Lettuce	Parmesan & Ricotta Ravioli, Green Peas & Diced Carrots, Garlic Bread, Fresh Cut Fruit	Spaghetti with Turkey Meat Sauce, Fresh Green Beans & Carrots, Fresh Cut Fruit V-Spaghetti with TVP, Diced Vegetables & Marinara Sauce	Cheese Pizza, Sliced Cucumber with House Made Ranch Dressing, Fresh Cut Fruit
29-Aug	30-Aug	31-Aug	1-Sep	2-Sep
Grassfed Beef Sloppy Joe Slider, Tater Tots, Fresh Corn, Fresh Cut Fruit V-Boca Sloppy Joe Slider	Chicken & Cheese Quesadillas, Steamed Rice, Black Beans, Fresh Cut Fruit V-Cheese Quesadillas	Baked Ziti with Turkey Kielbasa, Vegetable Medley, Garlic Bread, Fresh Cut Fruit V-Vegetable Baked Ziti with Grilled Tofu		

*Vegetarian Substitute